

KITCHEN DECLUTTER

25 Things to Throw Away

1. Old Spices
2. Expired Food
3. Duplicate Items
4. Unused Kitchen Gadgets
5. Take Out Menus
6. Coupons
6. Cracked/Chipped Dishes/Bowls
7. Souvenir Cups & Shot Glasses
8. Water bottles
9. Tupperware with No Lids
10. Travel Mugs
11. Cookbooks
12. Recipes from Magazines You Won't Make
13. Kitchen Counter Decor You Don't Like
14. Cleaning Supplies You Don't Use
15. Old Kitchen Towels/Rags
16. Gross Sponges
17. Outgrown Kids Utensils/Drinkware
18. Magnets
19. Vases
20. Cords
21. Notepads/Free Mailing Labels
22. Pens/Pencils That Don't Work
23. Expired Medicine/Supplements
24. Candles/Matches
25. Aprons